

New Year; New Beginnings!

2020 has been a year full of challenges, change, and growth for many, including New Beginnings Lake Charles. Our year has been nothing if not different. We have all worked through circumstances far beyond our expectations and developed a “new normal.” New Beginnings has offered quality care in our area for many years and continues to do so with a few changes. We are entering into the new year with:

- new leadership,
- new clinical staff,
- new evidence-based treatment modalities,
- new vision for our community,
- new connections to others,
- and renewed faith in our work to help patients manage their own recovery

We are excited to report that we are providing medical detoxification, residential, case management, intensive outpatient, and outpatient services. In addition, we offer family education and support groups, anti-craving medications, an alumni community, and psychiatric treatment as needed.

Our clinical staff develops individualized, strength-based treatment plans to address the needs for patient long-term recovery. We utilize multiple treatment modalities to facilitate the client's understanding of themselves, their needs, how to reach their goals, and their recovery.

Part of our resolution for 2021 is to connect with other providers and work to uplift, encourage, and support each other. We enjoy connecting with resources in our community, region, and state, to ensure that our patients have the best opportunity to recover. It would be our pleasure to have information about your program and to have the opportunity to tell you more about the new, New Beginnings. Let's schedule an opportunity to meet and discuss how we can work together to help our community develop a recovery support system of care and continue to face challenges in the New Year.

Thank you for your time and your service to others.

Kathleen Gregoire, MS, LAC

Clinical Director

kgregoire@nblcla.com

337-855-9773 ext. 108